

**LAKE HOPATCONG  
OPEN WATER SWIM FESTIVAL  
ENTRY FORM  
September 13, 2015**



**2 Mile • 1 Mile • .5 Mile • 100M Kid's Swim**

**Sanctioned By:  
World Open Water Swimming Association (WOWSA)**



**Proceeds to benefit**

*11th Hour Rescue • Southern Tier Police Canine Association • Jefferson Township Pound*

**RACE FORMAT FOR 2015**

Special K9 demonstration/Q&A during registration, swimming & post event. Visit with adoptable dogs. Refreshments served before, during and after the race. Fun for spectators while you swim!

**Date/Time:** September 13, 2015 at 8am (2 mile), 9:15am (1 Mile Tom Wear Memorial Swim), 10am (.5 Mile) and 10:30am (100m Kids Swim). Swimmers may enter multiple distances.

Registration and warm-ups from 7:15–7:45am (2 mile), 7:15-9am (1 mile), 7:15-9:45am (.5 Mile, Kids Swim). Mandatory meeting and line-up for all swimmers starting 15 minutes before each race. Awards table open at the completion of each distance to pick up awards. To accommodate the new format to allow swimmers to swim multiple distances, there will only be an awards table for pick up versus a formal awards presentation. Swimmers may enter multiple events. You do not need to be a WOWSA member, but membership is encouraged and appreciated.

**Location/Directions:** Northern tip of Lake Hopatcong, NJ. Registration and Event held at Flash Marina, 155 Route 181, Lake Hopatcong NJ 07849. From Rt 80, Rt 15 North to 181 North/Lake Forest/Woodport exit (approx. 6 miles), follow to Rt 181 (first available right after you exit and cross over Rt 15), then approx 1.4 miles on Rt 181 and Flash Marina is on your left before you cross over water. Parking available.

**Eligibility:** Our event is sanctioned by World Open Water Swimming Association (WOWSA). We recommend you join WOWSA (on race entry form), but it is not required. Wetsuits are allowed in all distances, and separate awards will be given for wetsuit entries. An entry fee discount is offered for swimmers participating in 2 or more events. Swimmers 12 and under must provide proof of a timed 1 mile swim, supported by a coach sign off, or they may enter the .5 Mile or 12 & Under 100m swim with parent's consent.

**Rules:** The event is sanctioned by WOWSA, and WOWSA rules and regulations are followed. Please see [www.worldopenwaterswimmingassociation.com](http://www.worldopenwaterswimmingassociation.com) for details.

**ENTRIES MAILED TO:** Bridgette Hobart/LH Open Water Swim Festival, 8 Lorettacong Drive, Lake Hopatcong, NJ 07849

**Checks payable to:** Paradigm Technology Consulting, LLC

**[www.swimlakehopatcong.com](http://www.swimlakehopatcong.com)**

**Conditions:** Course is one mile loop starting at Flash Marina. In water start. The safety of swimmers is our prime concern; therefore, the swimming event may be delayed or canceled due to bad weather. The Meet Director, US Coast Guard and Lake Hopatcong Marine Police will make this decision. **There will be no refunds once the swimmer has entered the race.** The Kid's Swim is from the shore to the start buoy and back.

**Entry Fees:** \$55 pre-registration by June 30, 2015, \$65 by July 15, 2015, \$75 by July 30, 2015, and \$85 between August 1 and 26, 2015. On-line registration closes August 26, 2015 at 11pm EST. Swimmers may enter multiple events, and each additional event is \$20. Race day registration is available for \$100 entry fee for 1st event, \$25 for each additional event. Fees include t-shirts for registrations received by August 1, 2015, refreshments, permits, insurance, electronic timing, caps, placement awards, t-shirt and race bags. After August 1st, race shirts are available as supply lasts. **Kids Event** – The 100m 12 & under Kids Event is \$20 and includes a cap, race bag, t-shirt and finisher medal.

**Chip Timing:** Each swimmer will be given a timing chip to wear on the WRIST (in water touch pad on dock for finish) during the race to provide accurate times and finish places. Results and awards will be available soon after the last swimmer is done in each race; awards will then be available for pick up at the awards table. Timing provided by Prestige. Awards will not be mailed. The Kid's Swim will not be timed, as the focus will be on a fun experience and completion.

**Awards:** In each non-wetsuit distance, medals are awarded for the top 3 finishers in each age group and top 3 overall male & female. Age groups are: 11-12, 13-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89 and 90+. Awards in the wetsuit divisions will be for the top 3 overall male & female. Awards will be available at the awards table for pick-up at the completion of each event. Results will be posted at [www.swimlakehopatcong.com](http://www.swimlakehopatcong.com).

**Safety – Our Primary Concern:** For safety reasons, swimmers unable to complete a mile in 45 minutes are advised not to enter multiple events because we'll start each event timely. Swimmers still on the course at 10:45am will be stopped and listed as DNF in the results. In case of inclement weather, the race director may close the course and prevent swimmers from completing the swim. Entry fee includes a highly visible swim cap that must be worn as the top cap during the swim and all swimmers must have their race number on the provided cap. Since swimmers can enter multiple events, we will not do body marking. Therefore, it is critical swimmers wear the assigned cap for each distance. Lifeguards, safety boats, and kayaks will monitor the entire race course and local EMTs and medical personnel will be present. Medical cards are available at day of registration for you to complete and submit to EMTs if you would like to alert them to potential issues (i.e. diabetes, allergies).

**Water Temperature:** 68 to 77°F (based on prior 6 years in early September)

**Accommodations:** Please see [www.swimlakehopatcong.com](http://www.swimlakehopatcong.com) for a list of local hotels and area attractions.

**Discount Codes:** *Through our WOWSA sanctioning we would like to extend discounts offered by FINIS ([www.finisinc.com](http://www.finisinc.com)) and SBRSports ([www.sbrsportsinc.com](http://www.sbrsportsinc.com)). At checkout, enter hopatcong for FINIS and WOWLH for SBRSports to get your 20% discount off your purchase.*

For more information please see [www.swimlakehopatcong.com](http://www.swimlakehopatcong.com) or contact Bridgette Hobart via email at [bhobart@ptcllc.com](mailto:bhobart@ptcllc.com), or via phone at 973.663.3663.

Any questions, please contact event director Bridgette Hobart at 973-663-3663 or 862-432.0357 (mobile).

Course maps, T-shirts and goodie bags are available at check-in.

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Name: \_\_\_\_\_

Gender: M F Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Country: \_\_\_\_\_

Email: \_\_\_\_\_

T-Shirt Size: (circle one) S M L XL XXL

## EMERGENCY CONTACT INFORMATION

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Email: \_\_\_\_\_

Phone number reachable during event: \_\_\_\_\_

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## CHECK APPLICABLE ENTRY

- 2 Mile \$ \_\_\_\_\_
- 1 Mile Tom Wear Memorial Swim \$ \_\_\_\_\_
- .5 Mile \$ \_\_\_\_\_
- 12 & Under 100m Swim \$ \_\_\_\_\_

I WOULD LIKE TO ORDER ADDITIONAL EVENT LONG SLEEVE T-SHIRTS @ \$18 EACH  
Size S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_ \$ \_\_\_\_\_

World Open Water Association (WOWSA) Membership (Recommended)

WOWSA REGISTRATION NUMBER \_\_\_\_\_

OR

YES, I WOULD LIKE TO JOIN WOWSA @ \$19.95 \$19.95

GRAND TOTAL: \$ \_\_\_\_\_

Do you plan to attend post event picnic at Race Director's home (near event) Yes No

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ALL SWIMMERS SIGN:

**LIABILITY/PUBLICITY RELEASE:** (failure to sign with date will delay processing of your application.)  
Please accept my entry in this event. I hereby state that I have conditioned myself to participate in this event. I myself, my executors, administrators and assignees, do hereby release and discharge the event committee, WOWSA, host facilities, event sponsors, volunteers, Marine Police, Coast Guard, EMTs, or any individual officiating at the event or supervising such activities from any and/or all claims or liabilities from damages or injuries occasioned by my participation in this event. I agree that if I have a medical condition I will fill out an informational form at registration, or bring my own documents and I will take full responsibility to ensure the event director or EMTs receive this information. I understand this information is being submitted only for informational purposes if an emergency should occur, and my conditions noted do not impair my ability to successfully complete this event. I understand that this information is not being used by EMTs or the event in any other way other than if an emergency should occur, and it is not being used to give priority safety watch over other athletes. Further, I grant to all foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

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Signature

Date

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Signature of parent/guardian if under 18

Date